



## Welcome to Woody's Sports Academy

Woody's Sports Academy runs in local schools throughout the community and is a multi-sports provision. We provide a variety of sports to children of all abilities and encourage exercise, development and inclusion. We create a stimulating, fun and safe environment to allow children to express themselves, gain confidence and new skills. All staff are fully vetted, insured, qualified and first aid trained; some have even undergone courses in mentoring and also gained qualifications in class/teacher assistance.

Paul Wood is the founder and director of Woody's Sports Academy. Paul and his team have run successful holiday camps, after school and breakfast clubs, lunchtime sessions, PE lessons and multi-skills clubs since 2001; giving our sports provision an outstanding reputation with invaluable experience.

Paul gained his qualifications and training at one of the world's biggest football clubs Arsenal. He has played for a number of professional football clubs including Watford FC, Chelsea FC and is now a member of the Arsenal FC celebrity team. As well as running his sports academy Paul is known today as one of the leading football freestyle entertainers in the world. Some of his work over the years includes TV advertisements with many famous sporting stars. He starred in the hit movie 'In the Hands of the Gods', is 'UEFA Training Grounds' skills expert and has appeared on ITV's 'Britain's Got Talent'.

We look forward to the possibility of working with you and gaining a strong relationship to help our children fulfil their potential and achieve their goals.

Best wishes,

# Woody's Sports Academy

## Woody's Freestyle Football (WFF)

### School Football Teams and After School Football Club

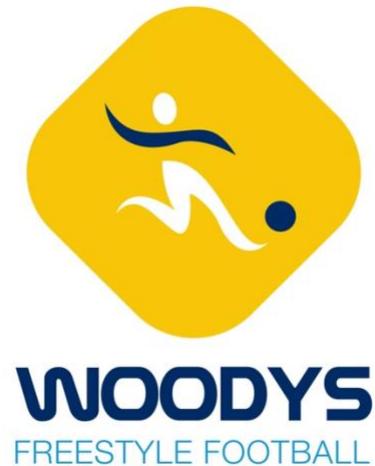
Woody's Freestyle Football have been providing elite football training for school football teams for many years. Not only do we train the schools football team, we also travel to away fixtures taking place at other schools, as well as home fixtures to coach on match days.

Our after-school programme runs in a large number of selected schools, sessions begin after the school day has finished. All payments/collections and any other aspects are all directly dealt with through the club. These fun sessions run between 3pm and 5pm depending on the time the school finishes. They are usually for girls/boys of all abilities in school years 2-6 and are aimed at allowing children to learn, express and enjoy themselves, in a fun and safe environment. Many coaching drills are incorporated, as well as fun coaching games and the children also get the chance to express what they are learning by playing in matches.

**The Football Freestyle Element** - Due to Paul's job performing as one of the worlds leading football entertainers, he has created sessions which are all based around becoming a master with the ball. These sessions are implemented from time to time to bring a different dynamic to the services that our soccer schools offer. There are also bespoke packages of up to two days throughout the year, which are dedicated to football freestyle lovers who want to take their technical ability to the next level. Please feel free to visit [www.paulwoodfreestyle.com](http://www.paulwoodfreestyle.com).

At Colindale we run courses for a full term and each session takes place on a Friday from 3.15pm-4.30pm.

NB: If spaces are available we do allow per session drop ins, so please contact us for guidance if of interest to you.





## Woody's Mini Movers (WMM)

### Lunch, After School and Weekend Clubs

Woody's Mini Movers are physical education classes/clubs for 3-6 year olds. Sessions are based on the movements and teachings of a variety of sports, covering a wide range of physical activities, e.g. throwing, catching, running, evading and racket sports, each involving hand eye/foot eye co-ordination. As football is at the heart of this country's sports we use this as a good vehicle to teach a lot of the above skills, working towards small match situations when we feel children are ready, as well as other small sided games.

These programs have been developed by mirroring the Early Years Foundation Stage, up to the current primary schools curriculum. Sessions are all geared towards a high level of fun, to enable our Mini Movers to learn in a stimulating educational environment.

We run Woody's Mini Movers during the schools lunch time, after school and also at the weekend. Sessions are open to everyone, although numbers are controlled to ensure compliance to health & safety, and to keep the quality of the sessions as high as possible.

At Colindale we run courses for a full term and each session takes place on a Thursday from 3.15pm-4.15pm.

NB: If spaces are available we do allow per session drop ins, so please contact us for guidance if of interest to you.

We hope you have found the information within helpful and if you would like further information or to connect with us, please see the following.

Website – [www.woodyssportsacademy.com](http://www.woodyssportsacademy.com)

Email – [info@woodyssportsacademy.com](mailto:info@woodyssportsacademy.com)

Phone – 07866 582 629